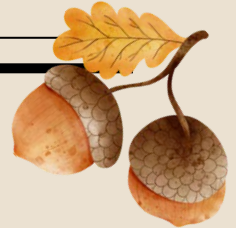


HAVE YOU 'HERD'?



Titan is an 18 year-old Dutch Harness-Percheron Cross. He has been at EK since 2022.

IMPACT HERO: TITAN

Equine-Assisted Psychotherapy, or EAP, helps people with various mental health challenges, including anxiety, depression, PTSD, ADHD and autism - just a fraction of the 150+ diagnoses we serve. EAP is a unique modality that uses the live feedback and healing presence of a horse to create an environment conducive for processing thoughts and emotions and building skills like emotional regulation, impulse control, social skills and confidence.

Titan is known for his reliable, gentle nature, interactivity with people (he thinks he is a "lap horse!") and willingness to do anything asked of him. Here are some of the ways Titan has helped EAP participants to accomplish their goals in therapy:

*A young boy who has been bullied learned to increase his confidence by being **assertive**, utilizing a stronger voice tone and body language.*

*A young adult who is at a crossroads in his life created an obstacle course in the arena to represent his choices and led Titan through them, bringing **clarity** to the implications and challenges of each path.*

*By observing Titan's interactions with his pasture mate, Cody, several adolescent clients who struggle with social anxiety and **social skills** gained valuable insights into social dynamics and were able to relate their observations to their own experiences with peers.*

*An adolescent who struggles with passivity in relationships was able to learn and practice gentle assertiveness and being an **equal partner** through her hands-on work with Titan.*

*A former first responder client who is recovering from trauma is rebuilding **confidence** in her ability to face future challenges.*

*An adult recovering from childhood and relationship trauma gained strength and confidence in her ability to set **healthy emotional boundaries** with others.*



To learn more about EAP, visit our therapist's website at www.real-timetherapy.com/equineassistedpsychotherapy

Thank you to **RMGS, Inc.** for sponsoring Titan!

UPCOMING EVENTS

OCT 18 **Trunk or Treat**
3-4PM Sensory Hour
Mounted Patrol Farm, 3-8

NOV 1 **Tack Sale**
Shop with us at the farm
EK Farm, 10-2

NOV 5 **EK Club Relaunch Party**
Members only - join for invite!
EK Farm, 5:30PM



Mandy & Pepper showing off their lederhosen at Barktoberfest with Riptide!

NOVEMBER 15



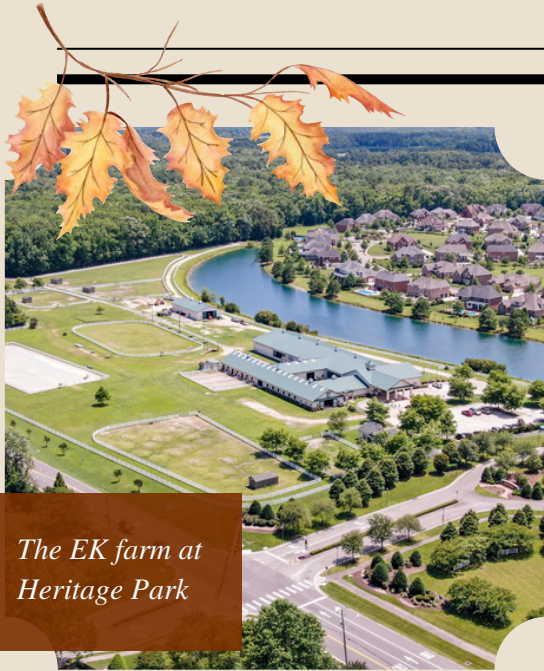
For its 19th year, Stall Ball is returning to grass roots for an unforgettable night of community impact and celebrating our mission: serving people of all ages and abilities who come to our farm for healing.

Dinner by Redhead Bay Cafe - Music by Brasswinds
Open bar and Tarnished Truth bourbon tasting
Diamond raffle, 50/50 raffle, and silent auction



Visit www.equikids.org/stallball or scan the code for details!

NEWS FROM THE BARN



The EK farm at Heritage Park

PATH, INTERNATIONAL

As a PATH Intl. Premier Accredited Center, EQUI-KIDS maintains the highest standards for program quality, ethics, and safety. Every 5 years, we are required to undergo an audit for recertification, during which every detail of our operations is evaluated. We are thrilled to announce that we received a

100% passing grade!

The team of auditors had glowing remarks about our facility, team, and programs. This is an honor of the highest caliber in the therapeutic equine world!

HORSE SPONSORS

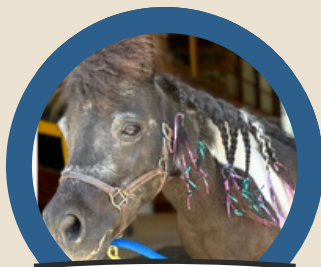
LEGACY SPONSORS

- Sandy Campbell - Kidd
- Art & Eileen Garcia - Jill
- Borza Family - Kaycee
- Warden Family - Hamilton
- Beach Commercial Finance - Piper
- Cris & Michelle Kidwell - Braveheart
- Blackwater Electric - Diesel
- RMGS Inc. - Titan
- Teresa Andrews - Teddy
- Vandeventer Foundation - Jack

2025 NEW SPONSORS

- Karen Wheelhouse - Jusino
- Pam Hurley - Zeus
- Janice Grenier - Thor
- Matt Scott - Gatsby
- Betty Compton - Forrest
- Diana & Adrian Huns - Cannoli
- Mark Garcea - Braveheart
- Lavenstein Family - Summer

Annual sponsorship starts at \$5,000 and supports the care of our herd of therapy horses. Name a stall and create lasting recognition for a family member, loved one, or business! Visit [equikids.org/donate/sponsor-a-horse/](https://www.equikids.org/donate/sponsor-a-horse/) to sponsor an available horse below.



MANDY



PEPPER



CODY



OUR HEROES



BOARD MEMBER SPOTLIGHT

Frank Rice has been the Treasurer on our board since 2020. He is from Philadelphia and is an avid Eagles and Phillies fan, now living right down the street from us in Heritage Park. He has brought over 30 years of finance leadership to our board of directors. Aside from career and philanthropy, he enjoys the beach, gardening, golf, and spending time vacationing with family. Thank you, Frank, for all you do for us!



Frank & Theresa Rice

DONATE TO OUR MISSION



For \$10 a month, you can be part of our impact. Sign up at equikids.org/ek-club/ and join us **November 5** for an EK Club Relaunch Party at the farm!



Our [Amazon Wishlist](#) is now live! You can now drop ship us supplies at any time or shop for the horses this holiday season.

VOLUNTEERS OF THE MONTH: Q3

Our corps of 350-400 active volunteers contribute over 14,000 service hours annually

Your support ensures safety, consistency, and individualized attention for our participants!



Samantha Cosper



Marty Collett



Jill Rowe

FOLLOW



SHARE



DONATE

